



Peak Prosperity

HBG Discussion Schedule

Thursday

- Registration
- Dinner
- Social

Friday

Time	Tent 1 (big)	Tent 2	Tent 3
8:30 – 8:55	Welcome from Chris & Evie		
9 – 10 a.m.	Sheep Husbandry Judith Horvath	NRA Weapons John Gerstenlauer	Build for Longevity Coop Kessel
10:30 – 11 (break)			
11 – noon	Homestead Security Bob Klimm	Emotional Resilience Gabor Lukacs	Homesteading do's/ don't - The Goodwins
Noon – 1 Lunch			
1 – 2	Cook with Kirk Kirk White	Bad Ass Bees Tamila Morgan	FAST-Regen Walt Sumner
2-2:30 break			
2:30 -3:30	Recession Proof Retirement Paul Kiker		
3:30 – 4 Break			
4 – 5	Round Table – Financial Q&A w/Paul, Matt and Chris		
5 – till Dinner & Social			



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Saturday

Time	Tent 1 (big)	Tent 2	Tent 3
8:30 – 8:50	Housekeeping - Staff		
9 – 10 a.m.	IT Security – Financial Edition Tristan Lawson	War on Food Tracy Thurman	Rabbit Rearing and Processing Sarah Rivera (Own tent/area)
10:30 – 11 (break/trade show)			
11 – noon	Thriving in Times of Chaos Bob Klimm	Fitness and health Angelique Costa	Microclimates Will Heirs
Noon – 1 Lunch/trade Show			
1 – 2	Dollar Collapse? What Assets Make Sense and Why. Paul Kiker	Off-Grid Solar Design Larry M	EMF In your Home - Demo and Discussion – Micah Haman
2-2:30 break trade show			
2:30 -3:30	Chicken Chat Judith Horvath	Self Defense Travis Sidelinger	REAL Estate Dane Larsen
3:30 – 4 Break			
4 – 5	Reflecting on the top RT topics - Evie Botelho		
5 – 6:30 Dinner			
6:30 – till	Keynote: Dr. Chris Martenson		
8 – till	social		

NOTE: Discussions are subject to change



Red Line

PARKING
ONLY if NOT
raining.

If Raining do not use

1st

Attendee Parking

Strongly Recommend
Carpooling

Camp site parking
Those staying on site have
priority in this section

Overflow Parking
Park here at
fills up

Johnson Hill Rd

Johnson Hill Rd

Johnson Hill Rd

Johnson Hill Rd

Johnson Hill Rd

Johnson Hill Rd

Camp Site Gear Drop
Can pull in and drop gear here

Tent 2

Event Area

Tent 1

BON FIRE AREA

CAMP SITE
set up on this location

Shower Trailer



PeakProsperity

Meet FOOP!

PeakProsperity + FOOP

PeakProsperity is partnering with **FOOP** Organic Biosciences for HBG '23

All registered participants will receive upon registration:

- 1 Quart of FOOP Garden (Retail \$25)
- 1 Spray Quart of FOOP Garden Mist (Retail \$25)
- QR Card for 25% discount on FOOP products

Grow Abundant, Healthy Plants With The Power of FOOP Organics. | [Click Here](#)

“Plant a garden.”
-CM

FOOP GARDEN
ORGANIC BIOSCIENCES
Ideal for:
• Veggies
• Herbs
• Annuals/Perennials
• Shrubs/Trees
OMRI

We are incredibly excited to introduce you to our newest HBG partner, FOOP! As fellow enthusiasts in sustainable living and prosperity, FOOP is a brand that aligns closely with the values of Peak. FOOP offers organic, eco-friendly garden fertilizers that make it easier than ever for you to grow healthy, vibrant plants.

But that’s not all! In celebration of our partnership, FOOP is providing some incredible exclusive offers for all HBG attendees (Received on site at the FOOP table):

- Receive a FREE Quart of FOOP Garden Fertilizer to jumpstart your gardening journey! This premium product is rich in nutrients and designed to give you healthier, more productive plants.
- Get a FREE Quart of FOOP Mist, the ideal supplement to boost plant health, resilience, and vibrancy.
- Plus, take advantage of a special 25% OFF on your future FOOP purchases!

<https://thefoop.com>

On the Menu

Catered by Guidos Fresh Market Place

Reminder: If you have any allergies, although you are welcome to the food below, we can not assure any allergy related needs (think peanut allergies ect). **We strongly encourage you to bring/attend to your food needs.**

Thursday - Dinner

Variety of pizzas
Vegan, Cheese, Gluten Free, Pepperoni

Friday - Breakfast, Lunch, and Dinner

Breakfast: Yogurts, Mixed Fruits, Granola (Coffee/hot water for teas)
Lunch: Assorted wraps, Broccoli Salad, Quinoa Salad
Dinner: Meat Lasagna, Vegetable Lasagna, Vegan Lasagna, Tossed Salad

Saturday - Breakfast, Lunch, and Dinner

Breakfast: Mixed fruits, Assorted muffins, Croissants, Bananas (coffee/hot water for teas)
Lunch: Assorted Wrap options, Coleslaw, Wild Rice Salad
Dinner: Beef Chili, Turkey Chili, Vegetable Chili, sides, and Tossed Salad

Sunday - Coffee and Tea (and leftovers)



Speaker Bios

Lawrence McKnight, MD, MS

Dr. McKnight received his bachelor's in Electrical Engineering from Kettering Institute before proceeding to Medical School at the University of Nevada, residency in Internal Medicine at the Mayo Clinic, and fellowship in Medical Informatics at Columbia University. He practiced hospital based internal medicine for 20 years, and since COVID continues to work in Medical Informatics out of his home in Chadds Ford, PA.

In 2015, the McKnights faced an unusual situation which left them in a legal battle against their electric distributor. 8 years later, this legal battle is still pending appeal in the Commonwealth Court of Pennsylvania; however, a legal stay left them without a power meter, where the utility was 'estimating' their usage, with no possible renegotiation of the estimation. Additionally, the McKnights faced the legal risk of forced reinstallation of a device that causes medical problems for Larry's wife Alexia.

Given these prospects, the McKnights had a choice to make: to continue unmetered estimation, or disconnect and go completely off grid. They chose the latter. Dr McKnight will join us to discuss the important considerations for designing and implementing an off grid solar energy system.

Angelique Costa

Angelique Costa is the CEO & Founder of Warrior Athletica LLC, a full-service personal training & nutrition consulting company. Angelique has been a N.C.C.P.T. certified personal trainer & USPA certified powerlifting coach for over twenty years. Angelique holds a Master Trainer residency at Fitness for \$10 in Brandon, Florida & freelance coaches clients both in-person & online worldwide. In addition to competitive bodybuilding & powerlifting, Angelique utilizes her nearly 10 years of law enforcement experience to teach her clients practical applications in survival situations. Regarding health & nutrition, Angelique teaches her clients the long-term sustainable approach of macronutrient-based meal planning & how to align it with their health/physique goals.

Awards & Accolades

- NPC National-Level Competitor with two First Place Titles
- USPA Florida State Record Holder in Bench & Squat 60KG Class
- Fit Treasures Magazine Cover Model
- Miss Fit Clothing Cover Model
- Nutrex, BPI, & Side Effect Sports Promo Model
- Two H.C.S.O. Life-Saving Awards

Tracy Thurman

Tracy Thurman is an advocate for regenerative farming, food sovereignty, and decentralized food systems. She works with Joel Salatin and prominent attorneys to safeguard our right to purchase truly healthy meat and raw dairy, and to protect farmers' rights to sell their products directly to consumers. Tracy will present her research on how food freedom and medical freedom are inextricably linked, explain the threats to our food supply at both the global and national level, uncover how the elites plan to control our access to nutrition, and provide actions we can all take to stop them.



Tamila Morgan

I have been working with Mark Adams, of Northwest Queens, for the last 11 years. I stumbled upon Mark as I was failing miserably with my own newly purchased bees. Mark agreed to let me help him with his 300+ hives and apprenticeship under him. He did not use treatments for varroa mites, which was opposite of what was being taught in the local bee clubs and courses. That approach was what I wanted to follow. Most beekeepers use chemicals to treat various diseases, and mites.

Together, we now run an extensive queen breeding program that uses genetics to create a healthier bee, through grafting and instrumental insemination. Our bees never receive any treatments or chemicals, and can over winter with minimal losses.

Our genetics is over 20 years in the making and acclimated to our wet cool weather here in the Pacific Northwest. We formed a collective of like-minded beekeepers to help get our genetics into the area and train them on how to be a sustainable treatment-free beekeeper. Our goal is to create and support local beekeepers that can then help each other grow their apiaries, without harming the environment or bringing in bees from other states. We depend on each other for that extra hand during harvesting or when a newer member has concerns with their hives.

Most packages of bees that people buy in the spring are shipped from California. These bees are often sick, and their Queens do not survive even one year. Our queens live an average of 2-4 years.

I am currently in the Commercial Beekeeping program at the University of Montana. I also received my master-beekeeper certification from the University. My apiaries consist of around 75 hives. These are located within a 15 miles radius of my farm. They help to support local organic flower farmers and CSA farms. By collaborating with these smaller farms, the farmers help to educate people about our treatment of free bees during Farmers Markets, Paint Nights in the Field, and Farm to Table events.

Gabor Lukacs

I originate from communist Hungary, where the rules of living/surviving were very different than here. That was my first training in physical and emotional resilience, in a community-based way. The chance of 'getting disappeared' was a fabulous motivator to focus on what was important.

By the time I arrived to the U.S. I developed a healthy mistrust towards the government (even if it created unlimited inequality, instead of enforced equal limitations). This motivated me to question things and to cover my bases with resiliency. It was harder, as people here didn't have a community mindset, which had been essential for my survival. By now my neighborhood has a monthly potluck/regular gathering since 1995, so I can say we know each other quite a bit more than any neighborhood I know in the U.S. though we still are mostly missing financial interdependence.

I live without a car, in a small town, a mostly rural area, but I am able to get around winter and summer on bicycles, some of which I built for special purposes (cargo, snow, etc.).



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I also live in a food forest on one acre, and between that and community connections, I get pretty much all my food covered. Of course, I have to preserve for the winter (fermenting, dehydrating, canning, freezing). I also have chickens and am able to resource their food and keep with virtually no money spent. I also grow over 30 kinds of fruits and bamboo, and I find that eggs, fruit, and bamboo canes for trellises are always a good and needed resources in a community to have.

To keep my emotional resiliency up to par, I have been meditating pretty much daily for over 20 years, am and have been part of men's groups since 2003, some of them banding together specifically to create resiliency in our lives, and following what's happening from various sources, including Chris' since 2007, and creating aimed missions in my life.

Professionally I am a computer programmer, employed at the same place for over 20 years.

In the early 2010-s I built a board game, called 'Growing Resilience', which is aimed to give players skills about community building, and finding ways to react to various collapse events resiliently. I also cultivate practices described in Castaneda's books for the same purpose.

In this upcoming presentation I would like to talk about those practices I do for emotional and physical resilience, and why those practices may be important for others as well.

William Hiers

William Hiers is a passionate advocate for sustainability and permaculture, currently residing in beautiful central Connecticut. His journey into this field began in late 2010 when he stumbled upon the movie "Collapse" by Mike C. Ruppert. This led him down a path of discovery, delving into topics such as The Crash Course, permaculture, and the Transition Town Movement.

With a strong educational background, William holds undergraduate degrees in business, science, and environmental economics. He is currently pursuing a master's degree in business and sustainability, further deepening his knowledge and expertise in these areas.

As a dedicated single father raising his daughter, Theadora, William's love for family and community is evident. If you see kids running around be sure to wave 'Hi' to them, they are our future!

William enjoys sharing his passion for permaculture, having obtained certification in design and teaching from Ben Falk of Whole Systems Design in Vermont. He has also honed his skills under the mentorship of renowned figures like Geoff Lawton, Dave Jacke, Wayne Weismann, and Paul Wheaton. He has taught at workshops, gatherings like this one, and Earth Day events.

Throughout his diverse career, William has demonstrated his versatility, working as a middle school teacher, a sawmill operator, a commercial driver, a contractor, and a certified EMT. Additionally, his sense of adventure led him to study abroad in Australia, where he lived in off-grid permaculture farms and immersed himself in gypsy camps.



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Having undergone the transformative experience of the Mankind Project's Warrior Weekend in 2014, William is committed to personal growth and empowerment. He further channels his passion for education by mentoring at the local wilderness school, Two Coyotes, where he is well-versed in the Art of Mentoring and the Art of Questioning.

In his leisure time, William tends to his home food forest, engaging in the artful practice of mosaiculture to sculpt plants into unique creations. His bountiful harvests include plums, apples, pears, blueberries, raspberries, honey berries, black currants, chokecherries, strawberries, schisandra, kiwis, lemons, potatoes, and an ever-expanding list of delights.

A social and outgoing individual, William enjoys hobnobbing with engineers and college professors. He can often be found cycling around with friends (Shoutout to Gabor) and reveling in the beauty of nature.

Beyond his personal endeavors, William also serves as the Deputy Executive Director of Remarkable Idea Lab, a 501c(3) nonprofit organization based on Connecticut's shoreline. The lab's mission is to address food insecurity through aquaponics and foster a long-term vision of creating an entire village. Donations to support this noble cause are warmly welcomed at RemarkableIdeaLab.org.

William is always eager to expand his circle of connections and invites others to reach out to him by phone (806-575-4176) or email (williamhiers@gmail.com). With an enthusiastic and enterprising spirit, he looks forward to making a positive impact on the world, one sustainable step at a time...

John M. Gerstenlauer, PE

John is a real estate investor, teacher, mentor, author, and licensed Professional Engineer (Civil) with over 40 years' experience in the construction industry. John holds a Bachelor of Science in Civil Engineering from Worcester Polytechnic Institute and a Master's in Business Administration with a concentration in Finance from the University of Rhode Island. John's construction career culminated in his position as the Senior Vice President of International Operations for the tenth largest construction company in the US (Tutor Perini Corporation). In that position he traveled to such places as Afghanistan, Iraq, Saudi Arabia, Kuwait, Guam, and the U.K. overseeing billions of dollars in construction projects. He started investing in real estate in 2013 and then retired from his executive position in construction in 2016. John now has a diversified real estate investment business with multi-family buildings, pretty houses purchased with creative financing terms, wholesaling, renovation projects, and short-term rental properties. He also teaches what he has learned to other real estate investors. John's history of licensing and certifications includes private pilot; Professional Engineer (4 states); real estate salesperson; RI septic system designer; and insurance producer.

John has licenses to carry firearms in three states (Massachusetts, New Hampshire, and Utah). He is a Massachusetts Licensed Firearms Trainer, NRA Firearms Trainer, Range Safety Officer, and Refuse to Be a Victim Trainer. He has continued his own personal training through classes such as Concealed Carry, Defensive Pistol, Low Light Operator, Long Range Pistol, and Defensive Rifle at the Sig Sauer Academy;



Intuitive Defensive Pistol and Advanced Pistol Handling by Rob Pincus; and the Art of Concealed Carry, Bulls Eye Shooting, and Responsible Use of Force at GOAL and local training venues.

Tristan Lawson

Tristan Lawson is a highly accomplished cybersecurity professional and ethical hacker with an impressive track record in the field of information security. With over 15 years of experience, he has held key roles as a Chief Information Security Officer (CISO) for leading companies in the financial and healthcare sectors, cementing his reputation as a trusted expert in safeguarding sensitive data and critical infrastructures.

As a seasoned CISO, Tristan's exceptional leadership skills and strategic vision have enabled him to enhance the security posture of both a banking software company and a prominent health care payment system. His expertise in risk management, compliance, and incident response has contributed significantly to fortifying these organizations against cyber threats and ensuring their continued resilience.

Tristan's journey in the realm of cybersecurity began as an auditor and engineer, allowing him to gain a comprehensive understanding of IT systems and their vulnerabilities. This background equipped him with a unique perspective on how to address security issues proactively and efficiently.

Throughout his career, Tristan's passion for understanding and countering cyber threats led him to become an active ethical hacker. He has dedicated countless hours to honing his skills in offensive security techniques, helping organizations identify and rectify their weaknesses before malicious actors could exploit them. This invaluable experience as an ethical hacker has shaped him into an exceptional penetration tester.

As a testament to his commitment to excellence, Tristan holds an impressive array of 45 individual certifications, which demonstrate his depth and breadth of knowledge in the field. Some of his certifications include CISSP, OSCP, C|EH, E|CSA, C|HFI, GCTI, GDAT, GXPIN, GCFA, GCIA, GREM, GWAPT, GCIH, GSEC, GISP, GMON, and GICSP, among others.

Currently, Tristan is deeply involved in securing large companies as a penetration tester, where he applies his ethical hacking expertise to proactively identify vulnerabilities and recommend robust security solutions. Additionally, he actively contributes to the development of a next-generation antivirus (AV) product tailored specifically for operation technology systems, emphasizing his commitment to advancing cybersecurity technologies and practices.

Tristan's dedication to the cybersecurity industry, his extensive knowledge, and his practical experience make him an invaluable asset to any organization seeking to fortify its defenses against cyber threats. As an ardent advocate for staying one step ahead of malicious actors, he continues to drive innovation and set new standards in the field of information security.



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Judith Horvath

Judith Horvath was busted for illegal backyard chickens, bought a farm, and today teaches aspiring farmers how to get started like she did, but without the missteps. Through a 25+ year business executive career of operations management Judith simultaneously maintained a “second life” in the growing movements of sustainable agriculture and farm-to-table eating. She is the founder and owner of Fair Hill Farm (est 2013) a working farm in central Ohio, focused on heritage breed livestock, that she operates with her husband and adult children. She studied English and Biology as an undergraduate and holds an MBA in operations management. Judith attended Joel Salatin's three-semester series at Verge Permaculture in Ontario, Canada and has been farming ever since. After Covid laid bare supply chain issues, she exited corporate life to be a full time farmer, writer, speaker, and independent agricultural consultant, working with clients on "agrihood" projects and soil-building regenerative animal husbandry. Her favorite livestock are Katahdin hair sheep, which she uses in reclaiming land and rebuilding depleted soils through careful management practices. Judith is passionate about building local, resilient food supply chains through connecting small farms, recruiting new farmers, and forming intentional communities.

John and Jane Goodwin

John Goodwin 25+ years computer programming spanning wiring through AI/ML, Ironman NC 2016 finisher, all of it learned the hard way. Now hedging against unsustainable risks by learning home resilience. Married to Jane Goodwin, living on an in-progress hobby farm in Chattanooga, TN

Jane Goodwin is a true homesteader at heart. Growing up on a Texas farm, she absorbed essential skills like sewing, canning, and photography from her family. Her dad taught her farming, woodworking, and even gun safety. These skills stayed with her throughout life, guiding her towards a homesteading lifestyle. She now raises produce, transforms furniture and clothing, and has bred purebred quarter horses. With over 20 years of teaching experience in Fine Arts and Natural Crafts, she's an expert in hand quilting, soap making, paper crafting, and more. Jane's passion lies in frugal, healthy living and making income while homesteading. She and her husband, John Goodwin, are currently crafting their own hobby farm in Chattanooga, TN.



Bob Klimm

Bob Klimm holds a BS in Electrical Engineering from Lehigh University, an MS in Management Science from MIT, and an MS in Electrical Engineering from Northeastern University. He spent over 30 years working in High Tech – serving as VP & General Manager for several Semiconductor Manufacturing Equipment Companies. He left full-time work in 2007 and got started on the resilience track in 2008 based on the financial crisis and early stages of our divisive politics. He is a certified NRA instructor and former match director for Defensive Pistol and 3-Gun competitive shooting. He has trained in advanced pistol / carbine / shotgun, night fighting, Close Quarter Battle, Squad level tactics, and Surviving Social Collapse. He obtained his Ham radio license and EMT certification. He has done everything from outdoor boilers and solar power to homesteading. He upped the game in 2020 – expanding his garden to 7,000 sq ft and has added pigs, sheep, and turkeys to his original chickens. Most importantly, he has established a network of like-minded family and friends to help support and defend the homestead.

He has been a regular at past Honey Badger events presenting on Homestead Security and, at the last virtual event, discussing considerations if you are planning to relocate in a crisis (“What’s in Your Trailer?”). He recently published a book titled “Thriving in Times of Chaos – A Balanced Approach to Resilience and Sustainability.” The book provides time-phased actions to become more sustainable in any location. His presentation on this topic will provide an overview of priorities and logical steps to achieve a greater degree of independence from our complex and fragile systems.